

The Mantle

St. Elizabeth's Episcopal Church
Sudbury, Massachusetts

July/August 2007

Summer Fun at Vacation Bible School

Monday – Friday, August 13th - 17th



St. John Lutheran Church

16 Great Road

Sudbury, MA 01776

978-443-8350

office@stjohnsudbury.org

Ages 4 – 14

Age 4: 9am to 12 noon \$35.00

Ages 5 – 12: 9am to 4pm \$65.00

Family Rate \$150.00

Drop-off: 8-9 ~ Pick-up: 4-5

St. John has, again, invited us to join their Vacation Bible School.

St. John Lutheran Church wants to provide a safe and wholesome week for kids to have a great time learning about Jesus. They have the professional Calumet staff (www.calument.org) to provide a great week for their church and community. All staff participates in an intensive week-long training which includes safety procedures, risk management, first aid and more. There is at least one counselor for every six kids. St. John also requests that we refrain from sending any nuts or nut products in the children's lunches.

Registration forms / flyers are available at St. E's.

Please feel free to contact Sally Norton, from St. E's, with any questions or concerns you might have (978-897-3353 or jnort1234@aol.com). Sally's sons have attended the camp the last two years and they have thoroughly enjoyed it.

From Our Rector by The Rev. Barbara Williamson

Thank You!

As the program year comes to a close, I think back over the all of the parishioners who have given so much of themselves for the good of our community of faith and for the good of others. A few years ago I estimated the amount of volunteer time that gets expended in all that we do, and it is roughly 24,000 person-hours – the equivalent output of 12 full time employees.

There is no way in this space to name every task that gets done and each person that does it. I just have to say how heartwarming, inspiring, and humbling it is to witness the generous and loving dedication of so many fellow disciples. I think especially of volunteers who do the essential work – in some capacity preparing for or assisting in worship, formation programs for children, youth, and adults, fellowship events, pastoral care, property and financial management, and outreach. In the past year, we have engaged in two additional ambitious undertakings – the Parish Feedback Project in which every adult parishioner was given the opportunity to be interviewed and the Refugee Immigration Ministries cluster of three congregations which coordinated the

financial (\$30,000) and emotional support, not to mention the transportation, of the refugee family living in the rectory. Both of these efforts involved lots of people giving of themselves and their time in new and challenging ways. And then there was the new picture directory, English as a Second Language, the new website, new editors for the Mantle, new weekend work trip for men, new pilgrimage for youth, and new mission trip for youth. And this is only the volunteer time that you can see. There are lots of volunteer hours given behind the scenes completing the audit, keeping the information systems operational, deep cleaning of the kitchen, writing checks, preparing financial reports, arranging flowers, visiting shut-ins, washing and ironing altar linens, and shoveling snow. I could go on and on.

You, the people of St. Elizabeth's Episcopal Church, are a creative, energetic, generous and committed group who by your worship, work and witness give glory to God in the myriad ways you serve one another and our world. Please accept my heartfelt thanks for all that you are and all that you do. You are an inspiration to me and to all whose lives you touch.

Barbara

Child-friendly Liturgies

On July 22nd, August 19th, and September 2nd, the worship at 10 AM will be modified to engage young children with familiar simple music, readings from the children's bible, and a children's homily. If your children would like to participate in some capacity as a reader, usher, acolyte, or leader of the prayers, please let Barbara know.

Vestry Notes

by Lisa Barnes,
Co-warden

We had a smaller group of vestry members at our June 18 meeting and that made for a different dynamic. Additionally, our agenda did not include a committee report as planned. John Stevens and the Parish Feedback committee (no, it's not the St. E's rock group!) agreed to push his eagerly awaited presentation until the July 16 vestry meeting.

It was an "on" month for the every-other-month Treasurer's report, given by Steve Kenney, which included detailing a solid May in terms of income vs. expenses. This is due to one large unpledged gift made early in the year and to the release of accruals being made to pay rectory property taxes for years dating back to 2003, both one-time events.

Giff Perry reported (for buildings and grounds) that our negotiations with T Mobile regarding a cell phone tower have ceased for the foreseeable future due to their internal reorganization. He and Dave Wallingford will hang the exterior signs on Concord Road for the church and the chapel shortly. Giff will also see to the re-waxing of the floor in parish hall, as well as hanging the new front double doors leading to the Narthex.

Win Treese raised the advantages of planning to upgrade the office computers before we absolutely must, in order to provide better, more consistently accurate information with a lesser amount of hair-pulling and teeth-gnashing. Vestry members discussed again, then tabled again, the need for installing some kind of effective wall or barrier between the ledge to the left of the glass double-doors and the grassy area 8 feet below. For the time-being, and as always, we recommend keeping a close eye on the children you bring to St E's, particularly outside the front doors.

Barbara reported that intern Malia Crawford will be joining us part-time for one year beginning in mid-July. Barbara is talking to St. Andrew's Framingham about hosting our ESL (English as a second language) class at their church. St. A's would like to offer a second class as well. St E's ESL teachers will debrief soon and that valuable information will be conveyed to St Andrew's. Barbara announced a vestry retreat with Bishop Tom Shaw in November (hallelujah!), as well as an initiative to educate and communicate specific information regarding the making of all food-related gatherings nut-free and safe for our parishioners living with dangerous food allergies. In keeping with our written motto of being a welcoming community, we would be wise to recognize our need for education in this area and make a distinct commitment to learn the basic - but vital - behavior modifications required to make us truly welcoming to all. Several highly-informed parishioners have happily volunteered to lead the way to our collective enlightenment.

Peter Gonze reported that Susan Berry has graciously volunteered to chair the 2008 Stewardship committee. Karl Loos leaves you big loafers to fill, Susan, but we know your unique talents will honor Karl's past leadership while putting your unique stamp on this going forward. As our planned Rectory tenants withdrew their application, Peter detailed several options for future Rectory occupancy. Finally, I reported the completion of a job-description for a part-time, office/database coordinator person to work in tandem with Peg Scarlata. We are seeking a non-parishioner to fill this role as it would be extremely complicated for Barbara to simultaneously minister to, train and supervise any parishioner. Please think of any colleagues, friends, neighbors, recent graduates or others who might be qualified to apply for this position which will be posted inside St E's, on our website and at other job-seeking sites. Finally, please keep the young pilgrims destined for Boarderlands Ranch, SD and our youth off to City Mission (both events in July) in your thoughts and prayers. Reports of both trips will be presented to the fall.

Lisa

Warden's Words by Peter Gonze, Co-warden

Once upon a time, many, many years ago, finding a summer job (particularly if you had a drivers license) was a high priority for high school teenagers. I recall my mother and father strongly “encouraging” me to find something to do, because I wasn’t going to be allowed to “sit around the house all summer”. No problem I thought, I would find a job and earn money that I could use for college. So, one summer I found a job as a lineman for a surveyor. Good experience I thought as I anticipated going to college to study Civil Engineering. My job was to lug the equipment, clear brush and hold the chain. It was hard work; I was paid an hourly minimum wage, and felt lucky to have the job.

In an early experience learning that bosses sometimes have goals that are not aligned with my own, I found that my boss had an interesting philosophy. He believed “the summer was for living”. So I would show up to work some days, only to find out that he had decided not to work and to take the day or several days, off! I could expect to get a call when he was ready to go back to work. The unpredictable pattern was more than a little discouraging to me; after all, I was only paid for the hours worked. I was already prepared to go to work, and it wasn’t as if I had the option at that point to hit the snooze button on my (non digital) alarm clock. In retrospect, I learned a lot that summer, about work, life, and how to appreciate the summer months. Flash back over.....

With the end of the school year and the beginning of summer, there is dramatic shift in the cadence of life. Days are longer, there is less traffic in the mornings and the school days routine gives way to summer activities and vacation plans. So while the tune changes the beat goes on!...and it’s not necessarily slowing down! However, it is a season to re-charge, rest up because all too soon we will need to brace for the start of the new school year along with all the stresses of the fall season brings to us all. It is a pattern to which we have all become accustomed!

So here we are at the mid-year point, **only 170, or so, shopping days until Christmas**. A good time to look back and reflect a little. During the last several years, much of the energy of the Parish has gone into the planning, building and financing of the new building. The move out, the transitory period at St. John Lutheran Church and the move back were challenges that our community rose to and accomplished with great success. During this period, the primary focus was on activities that involved the new building. Priorities were established to meet specific goals and timelines and our success was very visible.

Now, energy is directed the routine work of making sure things run smoothly and towards “new” activities, like RIM, MICAH, City Mission and Pilgrimage. I have also been hearing a strong desire for more and better communications about programs and activities. The Parish Feedback project has completed its

data collection phase and we are beginning to analyze the data, draw some conclusions and make a plan to act on the opportunities. No doubt our collective interests and energies will help us continue current interests and programs, as well as take us in some new directions. Feedback is a gift. For all who participated in this very important project – thank you!

Even as our normal pace slackens during the summer months at St. E’s, there is a lot of activity and planning going on by various groups and committees. All preparing for the return of fall. At a recent calendar planning session, when we filled in the church calendar from June through March of 2008, it became very clear to me that the summer hiatus may in fact be an illusion! Yes, there are scheduling challenges as we navigate around vacation plans, however, the work and planning continues by the many talented and committed members of the Parish. The committees are hard at work preparing, planning and the energy and excitement is obvious. So even though we may go away, St. E’s is still here.

So, even while the work continues, I am remembering the lesson I learned many summers ago: the **“summer is for living”** so be sure to mix in some fun and relaxation along the way.

A blessed, healthy and safe summer to all !

Peter

Ushering as Ministry

by Barbara Williamson

First, let me express my great gratitude to all those who have ever served as ushers. You know that it is a specialized job with many features that are essential to the smooth functioning of the liturgy. Because of its importance, in most churches ushering is a ministry unto itself like the Altar Guild, Lay Eucharistic Ministers, or Sunday School. In these latter ministries, there is a chair and a team of proud volunteers trained in the art, say, of preparing the sanctuary for worship or administering the sacraments or teaching. Correspondingly, ushers work confidently and effectively when they are trained in the art of ushering and when they serve frequently enough to easily remember the drill from service to service. To the casual observer, ushering may not seem to be so critical, but in fact, **the flow of the service depends largely on the expertise of the ushers.**

As long as I have been at St. Elizabeth's a pool of 30 or so willing and generous volunteers has been slotted in to usher at Sunday morning and holiday services. This is unique to St. E's. While on the surface, this method seems easy and convenient, I think in the long run, it is actually difficult and inconvenient. With such a large pool of volunteers, it is easy to forget the procedures in the time that elapses between the dates that ushers serve. Also, from time to time Usher Duties are updated. I frequently need

to review with ushers their duties before the service. Without training, the theory behind the practice outlined in the usher duties is often opaque to the volunteer, and the confusion often leads to unnecessary mistakes. I believe that a different approach to ushering is called for so that those who usher are given every opportunity to succeed.

I propose that we develop a team of 12 or 14 ushers, including a chair or co-chairs, who would like to take ownership for the ministry of ushering, who are committed to receive the initial training (roughly 90 minutes) and occasional refresher sessions to implement updates, and who would be proud to take responsibility for the smooth and consistent flow of the liturgy. Ushering is not difficult. It simply takes attention to detail.

If you are a member of the current team of ushers or if you would like to try your hand at ushering under a new protocol, please let me or one of the wardens know. I will be contacting the current list of usher volunteers to discuss with them their desire to be part of the reconfigured ministry of ushering.

Barbara



JULY 2007

[Next Month](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2007 Pilgrimage leaves 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	2	3 10:00 AM Bible Study (cnf) 6:00 PM St. E's softball- Feeley Field	4 Office Closed for July 4th	5	6	7 2007 City Mission Trip Leaves - Barbara away through 7/14
8 2007 Pilgrimage returns 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	9 Office Closed 8:00 PM St. E's softball- Featherland	10 Bible Study Cancelled Office Closed 6:00 PM Miracle Kitchen	11 Office Closed 8:00 PM St. E's Softball- Featherland	12 Office Closed	13 Office Closed	14 City Mission Trip returns- Barbara returns
15 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	16 7:00 PM Vestry Meeting (MPR)	17 10:00 AM Bible Study (cnf)	18	19 9:30 AM MICAH LOC (CNF)	20 8:00 PM St. E's softball- Featherland	21
22 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II (Child Friendly)- Church	23 6:30 PM St. E's softball- Featherland	24 10:00 AM Bible Study (cnf)	25	26	27	28
29 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	30	31 10:00 AM Bible Study (cnf)	1 Barbara on Vacation thru 8/14	2	3	4

AUGUST 2007

[Next Month](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	30	31 10:00 AM Bible Study (cnf)	1 Barbara on Vacation thru 8/14	2	3	4
5 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church 10:00 AM Laying on of Hands	6	7 Bible Study Cancelled	8	9	10	11
12 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	13	14 Bible Study Cancelled 6:00 PM Miracle Kitchen	15 Barbara returns from vaca- tion	16	17	18
19 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II (Child Friendly)-Church	20 7:00 PM Vestry Meeting	21 10:00 AM Bible Study (cnf)	22	23	24	25
26 September Mantle deadline 8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	27	28 10:00 AM Bible Study (cnf)	29	30	31	1

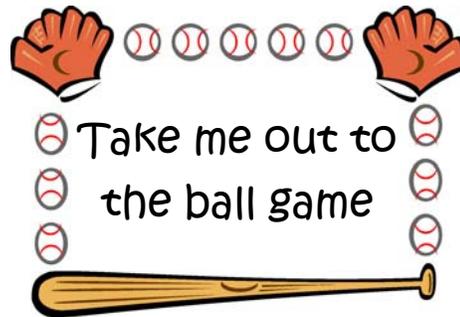
Kitchen Angel for July: Arlene Stevens Miracle Kitchen Coord.:	July 1 Pentecost 5	July 8 Pentecost 6	July 15 Pentecost 7	July 22 Pentecost 8	July 29 Pentecost 9
Euch. Min.	8 AM Steve Davies 10 AM Matt Reilly Ruth Griesel	8 AM Audrey Newton 10 AM S. Hamilton Ruth Griesel	8 AM Betsy Wallingford 10 AM Steve Davies Susan Newlin	8 AM Harry Ainsworth 10 AM S. Hamilton Audrey Newton	8 AM Susan Newlin 10 AM Ruth Griesel Matt Reilly
Lector	Karl Loos	Walter Morgan	Craig Stafford	Jonas Barciauskas	Jane Graham
V.P.O.D.	Nancy Kimble	Walter Morgan	Susan Newlin	Jane Newton	John Pearson
Ushers	Tricia & Kevin Griggs	Larry Jobson & Susan Newlin	Rajeev & Joanne Deshmuk	John Romain & TBA	Kevin & Tricia Griggs
Altar Guild	8 AM Christine Robb 10 AM Ruth Griesel	8 AM Christine Robb 10 AM Ruth Griesel	8 AM Christine Robb 10 AM Ruth Griesel	8 AM Christine Robb 10 AM Clare Perry	8 AM Christine Robb 10 AM Ruth Griesel
Kitchen Angel for Aug: Louise Bendel Miracle Kitchen Coord.:	Aug. 5 Pentecost 10	Aug. 12 Pentecost 11	Aug. 19 Pentecost 12	Aug. 26 Pentecost 13	
Euch. Min.	8 AM S. Hamilton 10 AM M. Reilly B. Wallingford	8 AM R. Griesel 10 AM H. Ainsworth A. Newton	8 AM R. Griesel 10 AM S. Newlin M. Reilly	8 AM B. Wallingford 10 AM R. Griesel S. Hamilton	
Lector	Karl Loos	Walter Morgan	Craig Stafford	Jonas Barciauskas	
V.P.O.D.	Gifford Perry	Jane Newton	Carol Dicker	Peter Gonze	
Ushers	Kevin & Judy Loughry	Mike & Jeremy Perisho	Betty & Stuart Hamilton	Rajeev & Joanne Deshmuk	
Altar Guild	8 AM Christine Robb 10 AM Karen Hodder	8 AM Karen Hodder 10 AM Christine Robb	8 AM Christine Robb 10 AM Karen Hodder	8 AM Karen Hodder 10 AM Christine Robb	

Summer Doins' at St. E's

St. E's July Softball Schedule

July

3	Softball vs. Players	6:00 (Feeley Field)
9	Softball vs. Dollar Day	8:00 (Featherland)
11	Softball vs. Wizards	8:00 (Featherland)
20	Softball vs. Pine Nuts	8:00 (Featherland)
23	Softball vs. Singers	6:30 (Featherland)



Hats Off and Happy Birthday to

July

Steve Davies, Diana Goswami, Marion Amidon, Anthea Coster, Beth Santomena, Daniel Graffeo, Kate McMahon, William Vesey, Marion Clark, Nancy Morgan, Derek Oram, Meghan Binder, Lain Rourke, Jack Ginand, Larry Stewart, Sara Smith, John Kodera, Marcia Kankanpaa, Dylan Brown, Christopher Wilkins, Stevie Spina, Barbara Smith-Moran, Karyn Grant, Juan Darias, Matthew Ray, Peggy Dawson, Edgie Siegars, Craig Stafford, Gretchen Meeks, Jack Boyle, Julia Torgerson, Kenneth Torgerson, Whitney Torgerson, Chloe Davis, Jim Riviello, Zoe Herel, Teri Grey, David Small, Charles Leslie, Ann Loos, Peter Riviello, Kevin Brown, John Pearson, Ian Wetherbee, Taylor Brown



SUMMER BIRTHDAYS

August

Donna Western, Larry Jobson, Alex Briasco-Stewart, Lisa Barnes, Samantha Briasco-Stewart, Kihm Sanders, Fletcher Boland, David Goodwin, Zach Day, Jim Hodder, Bonnie Brown, Linda Cass, Susan Feist, Michael Pearson, Jane Smith, Win Treese, Nina Treese, Tricia Griggs, Lisa Kenney, Jeff Newton, Emily Perry, Billy Knaul, Pat McCabe, Tracy Davis, Mari Weldon, Elisabeth Day, Liam Huston, Paula Woodman, Jessie Kuenzel, Cecilia Small, Christine Robb, Andy Sugg, Caroline Davies, Caroline Dawson

**ST. ELIZABETH'S EPISCOPAL CHURCH
CHURCH SCHOOL REGISTRATION
2007-2008**

This will register your child(ren) in one of the church school programs at St. Elizabeth's. Please put the completed form in the COGS mailbox at church or fold this form and mail it to church.

I. Catechesis of the Good Shepherd: The atriums are based as follows:

- **Level I** for ages 3-5 (must be potty-trained) as of Oct. 1, 2007. (equivalent to Preschool through Kindergarten)
- **Level II** for ages 6-8 as of Oct. 1, 2007. (equivalent to 1st - 3rd grades)
- **Level III** for ages 9-10 as of Oct. 1, 2007. (equivalent to 4th - 5th grades)

II. Rite 13: 6th & 7th grades

III. Journey to Adulthood: 8th & 9th grades

Family name _____ Parents _____

Primary email address to contact _____

Address _____ Home phone _____

Child #1 _____ school grade '07 - '08 _____ date of birth _____

Child #2 _____ school grade '07 - '08 _____ date of birth _____

Child #3 _____ school grade '07 - '08 _____ date of birth _____

Child #4 _____ school grade '07 - '08 _____ date of Birth _____

If you have any special requests or concerns about your child's placement, or if there is anything you would like us to be aware of, please indicate them here:

The success of our program depends upon your support and participation.

We ask that each family participate at least once each semester (per child) in order to ensure the success of our programs.

Volunteer sign-up sheets will be out in the fall. Assistance will be needed with weekly atrium sessions, materials and other needs.

Being Green is easier than you think

Helpful Hints from Louise Bendel



Best use for junk mail: Save junk mail for preschoolers to play "post office" with. When the game is over, everything can be recycled!



Consider meat a condiment: Meat protein requires much more land, water, and energy to produce than vegetable protein.



Eliminate gas-powered lawn tools: I've cut my grass for 3 years with a Scott's classic reel mower and I love it! It doesn't produce noise or air pollution, and I never have to worry about whether it's going to start! I don't have to keep gasoline around the house, and it is safe enough for the kids to use. (plus, it's a really good workout)



My grandmother used to say "I'm rich in the things I can do without" Let's spend a few minutes to consider how truly rich our lives can be, when we experience freedom from want.

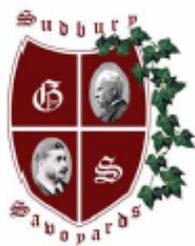
Two Poems by Edwin Markham (American, 1852-1940)

Outwitted

He drew a circle that shut me out—
Heretic, rebel, a thing to flout.
But Love and I had the wit to win:
We drew a circle that took him in!

Preparedness

For all your days prepare,
And meet them ever alike:
When you are the anvil, bear—
When you are the hammer, strike.



Press Release

The Sudbury Savoyards announce its 2007 summer show
"You're A Good Man, Charlie Brown"
presented in the air-conditioned
Curtis Middle School,
22 Pratt's Mill Road, Sudbury, MA.

Performances are
July 27, 28, August 3 & 4 at 7:30 pm
and July 28, 29, August 4 & 5 at 2:00 pm.

Charles Schultz tickles the funny bone and tugs at the heartstrings in this delightful musical romp through the cartoon pages of "Peanuts", all tied together as a day in the life of Charlie Brown. This treat for all ages includes the songs "Happiness", "Supertime" and many more.

The Sudbury Savoyards, founded in 1961 and sponsored by the Sudbury United Methodist Church, is an all-volunteer organization with all of its proceeds donated to the relief of world hunger.

Tickets: Adults \$15. Seniors/ Students/ Children \$12.
Advance purchase is recommended.

A limited number of tickets will be available at the door for each performance.

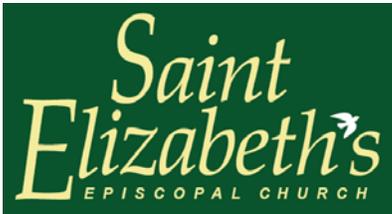
For more information, directions, or to order tickets,
please visit our website: www.sudburysavoyards.org
email us at: tickets@sudburysavoyards.org
or call 978-443-8811 and leave a message.

Curtis Middle School is handicapped accessible.

The Inside Scoop

- [Register for Vacation Bible School](#) (Page 1)
[Participate in Child-friendly Liturgies](#) (Page 2)
[Consider Ushering as a Ministry](#) (Page 5)
[Church School Registration, 2007-2008](#) (Page 7)
[Take in a Ball Game](#) (Page 8)
[Think Green this Summer](#) (Page 10)
[Got to a Show](#) (Page 11)

Mark Your Calendar!
September Mantle Deadline
Sunday, August 26 @ Midnight



One Morse Rd., Sudbury, MA 01776
978-443-6035

The Rev. Barbara S. Williamson, Rector
barbara_williamson@st-elizabeths.org

Peter Gonze & Lisa Barnes, Co-Wardens
PGonze@unither.com, lisarbarnes@hotmail.com

Stan Hanson, Director of Music
shanson47@comcast.net

Peg Scarlata, Parish Secretary
office@st-elizabeths.org

www.st-elizabeths.org

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT No. 12
SUDBURY, MA

Ours is a community through which we respond to our connection with God as revealed in Jesus Christ. Together we seek to know and worship God, nurturing one another in love as we live God's will. Empowered by the Holy Spirit, we seek to reach out and respond to the needs of others and to make God known to the larger community.

St. Elizabeth's Church in the Town of Sudbury welcomes and honors everyone. In accordance with our baptismal covenant, we affirm the inherent worth and dignity of every person. We strive to include all persons without regard to sexual orientation, race, nationality, gender, family configuration, ethnic background, economic circumstances, difference in ability, culture or age. Our love and acceptance of each other embody our commitment to unity with God and each other in Christ.