

# The Mantle



St. Elizabeth's Episcopal Church Sudbury, Massachusetts

November 2008

## St. Elizabeth's Fall Fundraiser 2008

This year, **St. Elizabeth's** is trying something new for the Fall Fundraiser. Instead of having a Church Fair, we're going to have a raffle for monetary gift cards. We think that if everyone participates in selling and buying these raffle tickets, we will be able to raise a good amount of money to support our youth and adult education, and outreach programs without the fanfare of the Church Fair. Many hands can make light work.

### Raffle Prizes:

- 1<sup>st</sup> Prize - \$500 gift card
- 2<sup>nd</sup> Prize - \$250 gift card
- 3<sup>rd</sup> Prize - \$150 gift card
- 4<sup>th</sup> Prize - \$100 gift card



*Just in time for Christmas shopping!*

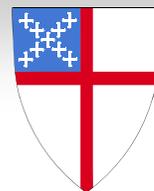
*Gift cards can be used for anything – gas, groceries, gems or whatever you'd like.*

- \* Raffle Tickets are \$5 each or 5 for \$20, in books of \$20 to make it easy to collect the money.
- \* Please sell these tickets to everyone you can, extending beyond just St Elizabeth's as much as possible – friends, family, work and school. Everyone is welcome to sell/buy as many tickets as they'd like, we have more in the church office if you need them. We'd ideally like each family to be able to sell at least 10 packets of tickets if possible; these are included in the envelope for you. If you know that you can't use the tickets, please return them to the office so that someone else can sell them.
- \* **Funds raised are the key to the success of our programs at St E's**, including our youth and adult education and outreach programs. This raffle takes the place of our Fall Fair, so is our only fundraiser for the fall. **We need everyone's help!**
- \* **Contest!** For every ticket that you sell, you will be entered into a drawing for a Bose Wave CD/Radio! Drawing will be the night of the Dickens Dinner along with the raffle winners. Everyone who sells tickets has a chance, and the more tickets you sell the more chances you'll have to win!
- \* Please collect the money for the raffle tickets you sell, have the purchaser fill in their information, and then add your name to the bottom each raffle stub. This will be used for the Bose Wave CD/Radio contest.
- \* Leave the stapled raffle tickets with the purchaser, bring the separated stubs and money back to church, either dropping in the office or in the box in the parish hall following the services on Sundays. Ideally bring a check to cover your sales/purchases, but cash is fine. If you would like one of us to pick up your sales, please contact Karyn Grant (karyngrant@comcast.net 978.443.3098) or Nancy Kimble (nanconkim@comcast.net 978.443.5283) and we'll be happy to arrange to pick them up.
- \* Deadline for ticket sales is **Friday, December 5<sup>th</sup>, 2008**.



of

# From Our Rector by The Rev. Barbara Williamson



**In** a meeting with the wardens, Win said, "I am nervous about stewardship." Win's comment launched us into a long conversation about the deep fear felt by Americans:

- who have seen the value of their investments plummet;
- who are counting on home equity loans to finance college tuition;
- who have lost their jobs or who will lose their jobs; and
- who have retired or are on the cusp of retirement.

When human beings are ruled by fear, we hunker down. We adopt a siege mentality of hoarding our resources lest we find ourselves up some financial creek without a paddle. In times of uncertainty the conventional wisdom is to play it safe.

Win also noted, however, that as long as we don't look at our investment portfolios, IRAs, 401(k)s, or 403(b)s, nothing has really changed in our day to day lives. Our banks are still in business. We still have jobs. The kids still go to school. The church worship and programs continue uninterrupted. The sun still comes up and goes down every day. The fall leaves are as stunning as ever. And the Red Sox are still breaking our hearts.

This is not to say that nothing has changed. It is to say that to date the changes have not driven us to the poor house of our worst nightmares. We are, by and large, okay. And by and large, we are likely to continue to be okay. Do we need to tighten our belts? Yes, but we have needed to tighten our belts for some time. The indulgent binge of American consumerism is rightly coming to an end. It is time to regain a sense of sobriety in our economic lives. We have been shocked into that reality by energy costs, economic instability, and climate change. And so we are called to reevaluate our individual and collective financial priorities.

So what does this mean for stewardship? It means that more than ever stewardship is at the center of our lives. Stewardship is about living mindfully. Stewardship of our money requires us to review priorities so that we manage our resources

responsibly for humankind's great good and God's greater glory.

Since how we use our money has moral implications, stewardship is a moral matter. We are often told by the culture: "It is your money!" or "You earned it!" or "The one who dies with the most toys, wins!" However, with so many people here and elsewhere in desperate straits, the church is called to respond. Whenever and where ever other children of God are in need, the church is called to action. But there's more.

Stewardship of money is not just a moral matter. It is a spiritual matter. Stewardship is a spiritual discipline that entails (1) taking stock of one's blessings and resources, (2) giving thanks to God for those blessings and resources, and (3) returning a portion to fund God's work.

In a conversation with a parishioner the other day, she said to me that when her family first joined St. Elizabeth's, she and her husband did not understand what stewardship was all about. She said they looked at their budget and pledged to the church an amount they knew they would not miss. As time went on, however, they came to understand that, like any other spiritual discipline such as weekly church attendance, daily prayer, Scripture study, fasting on high holy days, the spiritual discipline of giving to the church is an avenue to deeper relationship with God. It is a way to practice one's faith by building trust in God. So each year, this family looks for new ways to risk a little more, to give more freely, having learned that a death grip on financial security stunts their spiritual growth. And each year, as they give more, now in ways that mean making sacrifices, they find that they feel better and better about their relationships with God, with the church community, with their finances, with their habits of consumption, and with themselves.

We may be tempted to believe, "it is our money, and we got it the old fashioned way – we earned it!" But in fact, all that we are and all that we have are gifts from God. And in thanksgiving to God, God urges us to give back a proportion of what we have been given, not so much for God's sake or St. E's sake, but for our own. Yes, giving back a proportion of what

*(Continued on page 3)*

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we have been given honors God. But as importantly, giving back frees us from the insidious hold that material wealth has on us, deepens our relationship with God, makes us deliriously happy, and leads us to find new and better ways to give of ourselves and our resources.

As hard as it may be to believe, God does not need your money or mine. *You need to give* a portion of your money and *I need to give* a portion of my money back to God. Not for God's sake. Not for the church's sake, but for the health of our spiritual lives. Maybe you don't believe it. But it is true. Just as true as my grandson's smile. Just as true as the beauty of the earth. Just as true as God's love for you and me.

Unlike Win, I am not nervous about stewardship. I am worried about you and your spiritual life. Take stock. Pray hard. Then give as if your life depended on it, because it does.

Barbara

## Warden's Words by Lisa Barnes, Co-Warden

**I**t is said that "ignorance is bliss", but information can be interesting. I learned some facts about our beloved St. Elizabeth's the other day that I thought were worth sharing. While our beautiful, stone chapel was completed in 1914 for his family by architect Ralph Adams Cram, our newly renovated church is just 48 years old. Over that time, counting Interims, it has seen no less than 17 Rectors, including Barbara Williamson who, as many of you know, just celebrated her 10<sup>th</sup> year here.



In many religions, moving priests from parish to parish every 3-4 years is part of the standard, leadership plan. Some of you have been with St. Elizabeth's for decades and have seen and been part of the dynamics of changing leadership. Ten years is a long time for a priest to be in place with the same congregation, raising the question for some, might Barbara be planning her next move sometime soon? Her talents do not go unnoticed at the Diocesan level, and it is a reasonable question. Were you to ask her directly, (and you should feel free to!), you would not be the first. Her reply would probably be along the lines of, "as long as you'll have me, I'd love to stay."

The canons of the Episcopal church dictate a mandatory retirement age of 72 years. Happily for us all at St Elizabeth's, the Reverend Ms. Williamson is miles away from that milestone, and I know you join me in thanking God for her steady leadership, and decade-long commitment to helping us serve each other, our wider community and His will. While we can no longer call her "neighbor", it is a particular delight for me and my family to call her "friend".

Lisa



# Vestry Notes by Win Treese, Co-Warden

**The vestry** met on October 20. The highlight of the meeting was Clare Perry joining us to talk about the Catechesis of the Good Shepherd (COGS) program. The atriums are off to a terrific start this fall. Both the Level II and Level III atriums routinely split into smaller groups during their time together because of the number of children. Over the past few months, the catechists have benefited immensely from some work sessions with the Rev. Joyce Scherer-Hoock, who is Director of Christian Formation at St. Anne's-in-the-Fields in Lincoln.

Barbara gave updates on the search for an associate rector, and on the stewardship campaign. The search continues, and we continue to think and pray about having the budget to support the position next year. The stewardship campaign has just recently gotten

underway, so we encourage everyone to return pledge cards soon!

Lisa Barnes, as an outgoing warden, is chairing the Nominating Committee for next year's vestry, and that work is getting going as well.

Finally, Joe Meeks provided an updated proposal to put an alarm system and telephones in the chapel. The vestry is considering the budget issues for doing that, and we expect to follow up on this at the November meeting.

If you have any comments or questions, please contact Lisa Barnes or me; an easy way to do that is email to [wardens@st-elizabeths.org](mailto:wardens@st-elizabeths.org).

*Win*

## Keeping Our Children Safe

**Just** as we talk with children about how to stay safe when crossing the street or shopping in a busy store, we know we should talk with children about how to keep their bodies safe. Although this can be a confusing and scary subject to think about, much less discuss with our children, the best time to talk about sexual abuse is before your child is in a potentially dangerous situation. We would like to support you in your efforts to do just that. As a follow-up to the Safe Church guidelines adopted by St. Elizabeth's, we will be holding an informational meeting with parents of young children (ages kindergarten through fifth grade) to talk about sexual abuse awareness and prevention.

In the meeting for parents, lasting no more than an hour, we will show two short sections of a video program used in some public schools, one for parents and one for children. We will then discuss the content and share ways to talk with children about staying safe. The messages for children relate to assertiveness, trusting their instincts, and heightening their awareness of safe choices.

We will also hold a meeting, lasting no more than 45 minutes, for children kindergarten through fifth grade age (roughly 5-11 years old). The children will see the video you previewed at the parent meeting and then a discussion will follow to reinforce the basic concepts of trusting their instincts and asking for help.

Please contact Peg in the office if you would like to attend the parent meeting on Sunday, November 23<sup>rd</sup> at 1 PM. If you would like to include your child(ren) in the discussion for children on Saturday, December 6<sup>th</sup> at 9 AM, please let Peg know who will be coming and what grade they are in.

Feel free to contact Beth Santomenna if you have any questions or concerns, or would like more information before deciding to attend, at [beth9598@verizon.net](mailto:beth9598@verizon.net) or 978-443-0609.

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Beth Santomenna, M.Ed., C.A.G.S. is a school psychologist in the Wayland Public Schools.

# Refreshments after the 10 AM Sunday Service (AKA Coffee Hour)

**In** the Episcopal Church, maybe in all American churches, the gathering for refreshments after the main Sunday service is called Coffee Hour. While traditional, the term is something of a misnomer. For one thing, the gathering lasts 20 minutes at most, and for another, coffee is only one of the refreshments available.

At St. Elizabeth's, the tenor of Coffee Hour has changed over the years. With snacks and juice for young children as well as a table for drawing, Coffee hours now attracts a broader distribution of ages, and a larger number of parishioners. This has meant that the food disappears faster. Moreover, the older children and youth who are too young for coffee and too old for apple juice and Goldfish have found themselves somewhat disenfranchised from both the coffee table and the "kids' table".

Since hospitality is essential to Christian community, we need to respond to the new landscape of Coffee Hour with its broader population and growing popularity. However, the coffee hostesses who set up the coffee table and its refreshments cannot be expected to provide all of the food that is needed. Therefore we need a cadre of volunteers to sign up to bring extra snacks for the coffee table so there are enough for older children and teens as well as for adults.



A sign-up sheet has been posted on the counter of the kitchen pass-through. Please volunteer to bring additional snacks so that everyone can have a bite. Feel free to bring something wholesome like fruit or whole grains that are lower in sugar and fat than coffee cake or Danish. Whatever you bring, please make sure it is nut free and not made on equipment that is used for or located in a facility processing tree nuts and peanuts.

Separate, but no less important is the provision of snacks for younger children. For the last few years

Mara Huston has been the go-to person for these snack purchases. Now that Mara has taken on a number of volunteer assignments that involve heavy lifting she wants to hand off snack procurement.

In her words, here is a brief job description for the volunteer(s) who purchase (and is/are reimbursed for) the coffee hour snacks for the kids. It's an easy task for someone, especially if s/he has a membership to either BJ's or Costco.

Every 4 - 6 weeks, buy a good selection and quantity of juices and snacks to be served to the kids. Here are a few tips:

- The juices and snacks need to be nut free and made in manufacturing facilities that don't use nuts. This is generally written on the labels - all labels need to be read. Don't buy something that you know has a companion product that has peanut butter. For example, don't buy Ritz crackers because they now offer Ritz and Peanut Butter mini sandwiches.
- Try to buy juices that aren't laced with high fructose corn syrup and try to avoid trans fat (partially hydrogenated oils).
- Typically, purchase 8 large bottles of juice and 4 large boxes of snacks for a month.

After buying the food, submit the receipt with a check request to the treasurer for reimbursement.

The food is stored in the pantry closet (in the hall across from the Women's Room) to be found by the volunteer who puts them out for the kids. Check periodically to see how the supplies holding up. You can also call Peg and she will check the snack levels in the pantry.

Many hands make the light of Christ work. Jesus was nothing if not hospitable, and urged his followers to offer hospitality as a sign of the all-embracing love of God. I invite you to take a turn at bringing a snack so that everyone who comes to coffee hour feels welcome and cared for. Thank you.

*Barbara*



**Cast Your Ballot (Pledge Card)  
Vote for St. Elizabeth's!  
Every Vote Counts!**

No debates.  
No negative ads.  
No sound bites.  
No polls.  
No pundits.



Good Fellowship  
Good Christian Formation  
Good Worship  
Good Music  
"The Good News of the Gospel"

*Your pledge helps support all of the Good things we have and share within our St. E's community.*

Cast your pledge card into the mail, into the collection plate or via email!  
Do it today...Don't delay!

***Every Pledge  
Counts***



***This ad paid for by Stewardship at St. Elizabeth's  
This message is approved, by a Higher Authority!***



## Stewardship Update and a Perspective

Peter Gonze

Stewardship Chair

Tailoring the Stewardship appeal is tricky business. Some are reached by having the hard facts...others connect with information on the softer side. No matter what end of the continuum you are on...here is something for everyone!

Eighty five percent (85%) of the money to fund the annual budget at St. Elizabeth's comes from the generous donations pledged during the annual Stewardship Campaign. The anticipated 2009 budget to support the staff, programs, mortgage, maintenance and to provide additional part time clergy to support Barbara and us is anticipated to be \$308,000; which is a 10% increase over 2008. That is an increase of \$28,000 from last year's budget. Check the bulletin board outside the Parish Hall for the status on number of pledges received and how well we are doing on our goals. For those who prefer data: these are the facts.

But there is more. We are reminded that we are living through unprecedented times, history in the making. We face an historic election that will change the political landscape for years to come. We are in a period of tremendous economic volatility.

A recent study identified a connection between music preferences and the economy. For example, in uncertain times, people tend to prefer songs that are longer and slower with more meaningful themes. "It's a Bridge Over Troubled Water" and "That's What Friends are For" in difficult times and "At the Hop" or "My Sharona" in better times. Of course, like most generalizations this one has exceptions. "Macarena" was a hit in a relatively bad year! What music winds up representing these times remains to be seen: "Que sera, sera"!

The emotion caused by all of the current events is overwhelming. Emotion will trump facts every time. So what we need right now is "Love Sweet Love" and a big hug to go along with that!



We share great gifts within our St. Elizabeth's community: A vibrant, involved, inviting, forming, serving, caring environment. Being a part of St. E's is like getting a big hug. It is a special place, "where everybody knows your name".

This year's Stewardship appeal is also a prayer. It is prayer for hope, for comfort, support for us, our community and all that we are to and for each other. And that's the name of that tune!

*Peter*

# Ground Has Been Broken For Habitat House In Sudbury



Under bright blue skies and with over one hundred people in attendance, Habitat for Humanity MetroWest/Greater Worcester held its Ground Breaking ceremony at the corner of Pratts Mill and Dutton Roads in Sudbury on Saturday, October 18 at 2:00pm.

Pamela Faustine, President of the Board of Directors of Greater Worcester Habitat for Humanity, opened the ceremony and spoke of the creative collaboration taking place between the town, its boards and committees, the residents, and Habitat for Humanity.

Reverend Katie Lee Crane of First Parish Sudbury blessed the project, saying in part, "We have gathered to give thanks and to offer blessing. ...To the Wampanoag people this was sacred ground. To the first European settlers it was a new home and a fresh opportunity. ...We give thanks for those who will live here soon and in the future. May we live and grow together as neighbors and friends."

Town Selectman John Drobinski spoke of his son's work with a Habitat project while a student at Lincoln-Sudbury High School. Community Housing Specialist Beth Rust followed with remarks, speaking of the partnership between Sudbury Housing Trust and Habitat. June Culross, a current Habitat homeowner in the Worcester area shared what it has meant to her family to be able to own a Habitat home for five years, and of the 400 hours of sweat equity which she contributed to building her home. Habitat Secretary/Clerk Tom Scannell closed the ceremony.



Boy Scout Troop 60 of Sudbury assisted visitors with parking and transportation. Cub Scout Pack 60 of Loring Elementary School assisted with fundraising through a bake sale. Sudbury Public Schools provided

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the shuttle bus and Sudbury Police provided traffic support.

**St. Elizabeth's** is well represented in this project. **Gifford Perry** is chairperson for the Construction Oversight Committee. **Mara Huston** is chairperson of the Community Outreach Committee. Michelle Davis of Sudbury United Methodist Church is chairperson of the Fund Raising Committee.

Volunteer Information Sessions occur monthly at Goodnow Library. The next session is Wednesday, November 19<sup>th</sup>, 7:30pm. Everyone is welcome to learn how he/she can be involved to build homes for



## From the Organ Bench

The Choirs at St. Elizabeth's have gotten off to a good start this Fall. The Youth Choir has many new members and donned their new vestments for the first time this past Sunday. They sang like angels and conducted themselves with improved deportment which may reflect their feeling much more responsible as a choir in their new cassocks and cottas.



The Adult Choir has managed to make a beautiful and joyful noise unto the Lord in spite of reduced numbers in the early Fall. They are an amazing and loyal group.

Many thanks to all who helped make the International Day of the Organ a success. **Thomas Small, Margaret Small** and their teacher, **Andrew Sorg** added festive brass accompaniment to the service. Most especially, I must mention **Jonathan Wood**, who did yeoman's service by playing the eight o'clock service in the Chapel that Sunday, then singing in the choir and finally, introducing the organ to the many who came to the balcony following the service to see 'how the organ works' and gave us the story of its coming to St. Elizabeth's from Great Britain.

We have a marvelous Youth Choir Coordinator, **Maggie Watson**, to help with the Youth Choir, their music folders and organizing parents to help our young singers. The parent volunteers assist with getting Youth Choir members from Church School, putting on vestments and then accompanying them in the balcony to help them keep their places in the service binders. They also help out with the rehearsals after church. This has made our efforts so very much more efficient and pleasant.

Our plans for Christmas Eve include the 3:00 PM service with pageant for children and families. Then carol-singing before the 10:30 PM service with the Adult Choir singing the "Gloria" which is the third movement from the Pinkham Christmas Cantata and the Vittoria "O Magnum Mysterium". The Adult Choir welcomes singers in all parts. Please call Mary Sue Willie at the church or email her [music@st.elizabeths.org](mailto:music@st.elizabeths.org)

# November 2008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2								
3	<u>8:00 AM Holy Eucharist II - Chapel</u> <u>9:45 AM Church School (COGS, Rite 13, J2A, YACs)</u> <u>10:00 AM Holy Eucharist II -Church (Laying on of Hands)</u> <u>11:10 AM Youth Choir Rehearsal (10 Minutes after end of second Service)</u> <u>11:15 AM Adult Education: Ministries of Reconciliation - A Speakers' Series (MPR)</u>	<u>11:30 AM Staff Meeting (CNF)</u> <u>2:15 PM - 5:15 PM GS Troops 2484/7149 (PH &amp; MPR)</u> <u>7:30 PM Adult Education Committee (CNF)</u>	<u>10:00 AM Bible Study (CNF)</u> <u>3:40 PM - 5:00 PM GS Troop 2435 (MPR)</u> <u>7:30 PM Habitat Community Outreach Committee Meeting (MPR)</u>	<u>7:30 PM - 9:00 PM Foundations of the Bible Course (CNF)</u> <u>7:00 PM Choir Rehearsal (MPR)</u>	<u>Barbara away 1:30 PM - 2:30 PM Healing Ministry (CNF)</u> <u>7:00 PM Choir Rehearsal (MPR)</u>	<u>Diocesan Convocation (11/7 - 11/8) Hyannis</u>	<u>Diocesan Convocation (11/7 - 11/8) Hyannis</u>	
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9	<u>8:00 AM Holy Eucharist II - Church (ASP Youth Presentation)</u> <u>9:45 AM Church School (COGS, Rite 13, J2A, YACs)</u> <u>10:00 AM Holy Eucharist II -Church (ASP Youth Presentation)</u> <u>11:00 AM Coffee Hour - ASP Youth Presentation</u> <u>11:10 AM Youth Choir Rehearsal (10 Minutes after end of second Service)</u>	<u>11:30 AM Staff Meeting (CNF)</u> <u>3:30 PM Warden Meeting (CNF)</u> <u>7:00 PM - 9:00 PM Girl Scout Leaders Meeting (MPR)</u>	<u>Veterans Day -Office Closed</u> <u>10:00 AM Bible Study - CAN-CELELED</u> <u>6:00 PM Miracle Kitchen</u> <u>7:30 PM MICAH LOC (CNF)</u>	<u>12:30 PM - 3:30 PM GS Troop 2453 (MPR)</u> <u>7:30 PM - 9:00 PM Foundations of the Bible Course (CNF)</u>	<u>1:30 PM - 2:30 PM Healing Ministry (CNF)</u> <u>7:00 PM Choir Rehearsal (MPR)</u> <u>7:00 PM Cogs Committee Meeting (J2A RM)</u>			<u>8:30 AM - 3:30 PM Safe Church training - Church of the Good Shepherd, Acton</u> <u>9:00 AM St. E's &amp; St. John's Men's Group Meeting - at St. John's</u>
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16	<u>8:00 AM Holy Eucharist II - Church</u> <u>9:45 AM Church School (COGS, Rite 13, J2A, YACs)</u> <u>10:00 AM Holy Eucharist II -Church (10 Minutes after end of second Service)</u> <u>11:15 AM Newcomers Brunch (PH)</u>	<u>11:00 AM Staff Meeting (CNF)</u> <u>6:50 PM Vestry Mtg (MPR)</u>	<u>10:00 AM Bible Study (CNF)</u>	<u>12:30 PM GS Troop 2440 (MPR)</u> <u>7:30 PM - 9:00 PM Foundations of the Bible Course (CNF)</u> <u>7:30 PM - 8:30 PM Habitat Volunteer Information Session (Goodnow Library)</u>	<u>December Mantle deadline 1:30 PM - 2:30 PM Healing Ministry (CNF)</u> <u>7:00 PM Choir Rehearsal (MPR)</u>			
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23	<u>Advent Wreath making</u> <u>8:00 AM Holy Eucharist II - Church</u> <u>9:45 AM Church School (COGS, Rite 13, J2A, YACs)</u> <u>10:00 AM Holy Eucharist II -Church (10 Minutes after end of second Service)</u> <u>11:15 AM Newcomers Brunch (PH)</u>	<u>11:00 AM Staff Meeting (CNF)</u> <u>3:30 PM Warden Meeting (CNF)</u> <u>3:45 PM - 5:15 PM GS Troop 2468 (MPR)</u>	<u>10:00 AM Bible Study (CNF)</u> <u>12:30 PM Deanery Luncheon (PH)</u>	<u>10:00 AM Bible Study (CNF)</u> <u>12:30 PM Deanery Luncheon (PH)</u>	<u>Thanksgiving - Office closed 1:30 PM - 2:30 PM Healing Ministry (CNF)</u>			
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<p>Miracle Kitchen Coordinator: Carol &amp; Derek Oram</p> <p>Kitchen Angels: Barbara Ingersoll</p>	<p>November 2 Pentecost 25</p>	<p>November 9 Pentecost 26</p>	<p>November 16 Pentecost 27</p>	<p>November 23 Pentecost 28</p>	<p>November 30 Advent 1 (Family Friendly)</p>
<p>Euch. Min.</p>	<p>8 AM Betsy Wallingford 10 AM Stu Hamilton Audrey Newton</p>	<p>8 AM Jim Peters 10 AM Susan Newlin Steve Davies</p>	<p>8 AM John Brackett 10 AM Betsy Wallingford Stu Hamilton</p>	<p>8 AM Harry Ainsworth 10 AM Steve Davies Jim Peters</p>	<p>8 AM John Brackett 10 AM Stu Hamilton Betsy Wallingford</p>
<p>Breadbearer &amp; Third Station</p>	<p>John Howard Karyn Grant Larry Stewart</p>	<p>Karyn Grant Larry Stewart Cliff Card</p>	<p>Rich Grant Jim Peters Clare Perry</p>	<p>Larry Stewart John Howard Jay Holdman</p>	
<p>Lector</p>	<p>Jane Graham</p>	<p>Jonas Barciauskas</p>	<p>Bob Torgerson</p>	<p>Walter Morgan</p>	
<p>Acolyte</p>	<p>Emily Knaul Walker Griggs Tim Howard</p>	<p>Jordan McNeill</p>	<p>Nick St. George</p>	<p>Andrew Kenny</p>	<p>Bret Perisho</p>
<p>Vestry Person of the Day</p>	<p>Jeremy Perisho</p>	<p>Kaitlyn Grant</p>	<p>Thomas Small</p>	<p>Susan Newlin</p>	<p>Susan Newlin</p>
<p>Ushers</p>	<p>Pat Coffin Pat McCabe</p>	<p>Betty Hamilton Stu Hamilton</p>	<p>Steve Lewis Ray Considine</p>	<p>Steve Lewis Ray Considine</p>	<p>John Romain Terry Rourke</p>
<p>Altar Guild</p>	<p>8 AM Karen Hodder 10 AM Karen Hodder</p>	<p>8 AM Karen Hodder 10 AM Claire Perry</p>	<p>8 AM Karen Hodder 10 AM Claire Perry</p>	<p>8 AM Stevie Spina 10 AM Stevie Spina</p>	<p>8 AM Stevie Spina 10 AM Karen Hodder</p>
<p>Coffee Server</p>	<p>Pat Blackey</p>	<p>Maggie Watson</p>	<p>Maggie Watson</p>	<p>Ildi Morris</p>	<p>Betsy Wallingford</p>

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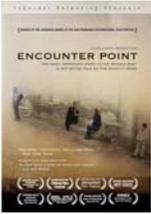
# Adult Ed Film Series: November 15th & 22nd

## Reconciliation and the Passion for Truth

On two successive Saturday evenings, we will watch and discuss two films, one a documentary, the other a story, dealing with the theme of reconciliation. In a time when both truth and reconciliation between people and nations seem harder to achieve, we will see two examples of the courage needed to overcome deep-seated hatred and fear.

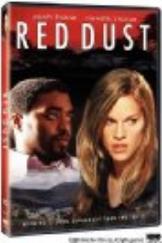
**Both films will be shown at First Parish starting at 7 PM.**

### November 15: *Encounter Point*



Created by a Palestinian, Israeli, North and South American team, this documentary is about an Israeli settler, a Palestinian ex-prisoner, a bereaved Israeli mother and a wounded Palestinian bereaved brother who risk their safety and public standing to press for an end to the conflict. They are at the vanguard of a movement to push Palestinian and Israeli societies to a tipping point, forging a new consensus for nonviolence and peace. Perhaps years from now, their actions will be recognized as a catalyst for constructive change in the region.

### November 22: *Red Dust*



When a South African police officer (Jamie Bartlett) files an application for amnesty for acts of atrocity he committed under apartheid, a human rights lawyer (Hilary Swank) returns to her homeland to investigate. In the process, she decides to represent anti-apartheid activist Alex Mpondo (Chiwetel Ejiofor), a member of parliament who staunchly opposes the amnesty because he was one of the police officer's victims.

For more information, please contact Jonas Barciauskas (978-440-8164; [barciaus@bc.edu](mailto:barciaus@bc.edu)).

## Men's Group Update - Fall 2008

The second meeting this fall of the St. John Lutheran-St. Elizabeth's Men's Group took place on Saturday, Oct. 18 at St. E's. The theme for reflection was a timely one - money. After gathering for a light breakfast, the group began with scripture readings - Matthew 20:1-16 and Luke 16:19-31. Once again, we shared reflections and personal stories. The next meeting will be on Saturday, Nov. 15, 9 AM, at St. John.

Please contact Jonas Barciauskas (978-440-8164; [barciaus@bc.edu](mailto:barciaus@bc.edu)) or Walter Morgan (978-443-3501; [walter.morgan@fiserv.com](mailto:walter.morgan@fiserv.com)) for more information. Except for December, future meetings are scheduled for the third Saturday of the month. All newcomers are welcome to join us!

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# COGS Level I News

**We** have been busy in Level I Atrium, getting to know each other, working with new materials, and learning new songs. Every Sunday, much as in the main sanctuary, the children first get ready to listen, then hear the lesson, and finally respond to it through their chosen work.

## Lessons offered so far

*Practical Life – Introducing children to this special place that appeals to their natural love of order. We show them work designed to develop their independence. We also talk about respecting others, by moving slowly and carefully, and by speaking softly.*

*Prayer Table – Introducing a quiet space in our Atrium, for the Word and for the Light of the World. A place to get closer to God, and to let God come closer to us.*

*The Good Shepherd – Sharing the central lesson of the One who knows his sheep, and who calls each by name. Young and old find comfort in this relationship.*

*The Altar – Sharing the special table, we learn the names of the items we use during the Eucharist. We light the candles as we say “Christ has died; Christ is risen; Christ will come again.”*

### **Level I Atrium Flow**

**9:55 The Lesson**

**10:10 Free work time**

**10:25 Prayer time**

## How families help

### *Getting ready*

Arriving at 9:45 is very helpful. Help your child to slow down if she is feeling feisty. Also, shoes that he can put on and take off himself foster a vital sense of accomplishment.

### *Reinforcing ideas*

Ask her, “What was your favorite work today?” or “What was the lesson about?” Or you might create a calm, quiet space at home. Practicing walking on a line is surprisingly engaging for this age.

### *Volunteer!*

We need atrium aides from each family, at least once each season. Join us for some wondering time.



# YAC Update

**Thank you** to everyone for donating clothes, suitcases, socks, toiletries and money to buy food. We did the CityReach retreat October 24-25 and it was amazing! We had so many clothes to donate that we needed three cars to get all of it and us to Boston. Friday night we took a tour of Boston with two CityReach staff members, both of whom are currently homeless, and saw Boston through their eyes while learning their stories. We spent the night in St. Paul's Cathedral, sleeping on the floor in between the pews. Saturday morning we worked with the four other groups of youth (from Connecticut College, UNH and congregations in Natick and Lynn), setting up the clothes for distribution and making sandwiches and backpacks to take out on the streets to give to the homeless who didn't come to St. Paul's. More than 300 people came to the Cathedral on Saturday - all the clothes and other items will be put to good use. Meeting the people and sharing this experience together was unbelievable. Thank you, St. E's, for making it possible for us to be a part of CityReach.



## Advent Wreath Making



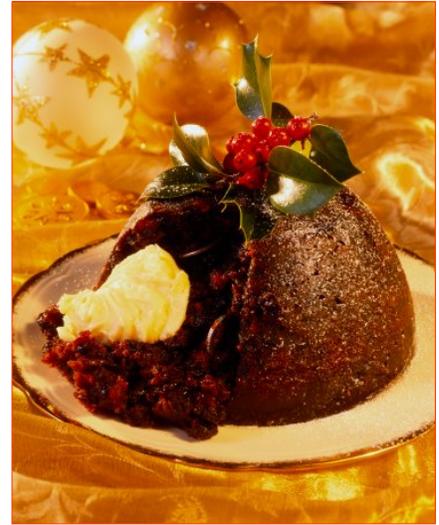
Come join your fellow parishioners, young and old, and make an Advent Wreath for your family to share. The wreath making event will take place after the 10:00 AM service on Nov. 23<sup>rd</sup> in the Parish Hall. St. Elizabeth's will provide the Styrofoam wreath and candles. All you have to bring is greens to complete your wreath. Please RSVP to the office by Nov. 9<sup>th</sup> at 978-443-6035 or [office@st-elizabeths.org](mailto:office@st-elizabeths.org).

## Looking for a Few Good Members

The **FLOWER GUILD** would be delighted to welcome a few new members. If you love flowers and have some experience in creating arrangements consider speaking to Joanne Deshmuk or Betsy Wallingford. We'd love to talk!

There are six members currently and we rotate, easily making swaps when necessary. It is an enormously satisfying ministry. **THINK ABOUT IT!**

# DICKENS DINNER



*“There might be some credit in being jolly.”*  
Sponsored by St. Elizabeth’s Fellowship Committee

*Join us for a festive evening of good food, fellowship, and song  
as we start the Christmas season.*

**Saturday, Dec. 6, 2008**

Hors d’oeuvres at 6:30 PM

Dinner at 7:15 PM

After Dinner Entertainment and Carol Sing

Roast Beef with horseradish sauce \* Potatoes \*

Winter Squash \* Green Beans \* Rolls and Butter \* Coffee and Tea \* Flaming  
Plum Pudding

**Cost is \$17.50 per person**

By December 1: Please send your check, payable to St. Elizabeth’s, with the form below  
to:

Joel Gardiner, 243 Haynes Road, Sudbury, MA 01776

**\* To keep costs down please bring an appetizer for 6-8 people. Thank You!** ☐

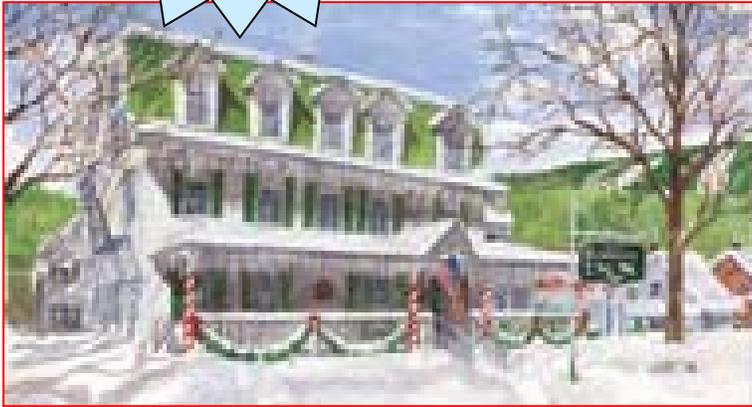
**We’re coming!** Family Name \_\_\_\_\_

Phone \_\_\_\_\_

How many? \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

Sure! We’ll bring an appetizer. Happy to!! \_\_\_\_\_

Deposits  
by Nov. 9



## St. Elizabeth's Winter Weekend at Cranmore Inn

**North Conway, NH      January 23, 24, 25, 2009      3 days, 2 nights**

Skiing, sledding, snowshoes or shopping - take your pick. The Winter Weekend has it all. We take over the beautiful Cranmore Inn in picturesque North Conway, NH for a weekend of fun and fellowship. This is one of the most popular Fellowship activities. Space is limited and advanced registration is required for this family activity for children of all ages. If you have questions, please contact Arlene Stevens at (978) 443-7979.

Included in rates below is two nights' lodging, two breakfasts, and a lasagna dinner on the second night. Rates do not include 8% room tax. Gratuities are up to each individual. A \$100.00 non-refundable deposit per family is required to guarantee your reservation. Figures are based on a group rate and if we fall short there may be a 10-15% surcharge.

Final payment, non-refundable, is due on Jan. 5, 2009. We'll notify you of amount due.

### **Make deposit checks of \$100.00 payable to The Cranmore Inn.**

Rate per person for 2 nights based on 2 people sharing a room: \$99.80

Rate per person for 2 nights based on a single room: \$152.00

Children sharing a room with 2 full-paying adults: Under 5—free; Under 12—\$29;  
Over 12—\$54; Children with their own rooms pay adult rate.

The Cranmore Inn accommodates 48 people and reservations are on a lottery basis. Each family **must send their deposit to St. E's, marked "Ski Weekend", by November 9th.** Include the number of people attending and names and ages of all children. We'll contact you with your reservation status.

# MICAH Update

**Why** did you come to live in Sudbury? What has kept you here? Are you thinking of moving away from Sudbury? If so, why? During the last month, members of St. Elizabeth's MICAH Local Organizing Committee (LOC) have met with fellow parishioners who are retired or nearing retirement to ask these questions and to learn from their responses. This has been one of the first steps we have taken to explore how Sudbury can become a more affordable town for all.

During the next couple of months, we will continue focusing on the Sudbury's senior community by

- interviewing the elder community within our midst,
- inviting to LOC meetings people who have experience in dealing with issues concerning Sudbury seniors, and
- planning a house meeting to be held in February 2009 where the conversations we have heard can be shared among a larger group of seniors and LOC members.
- attending town meetings dealing with the town budget (e.g., School Committee)

Becoming better informed about the budget process, enabling conversations about common concerns, and learning from others' experiences will guide the LOC's efforts to shape a practical plan for helping seniors in the coming year. This work will also lay the groundwork for helping all Sudbury citizens who find it financially difficult to remain in our community.

Metrowest Interfaith Congregations Acting for Hope (MICAH) is a group of Catholic, Protestant, Jewish and Unitarian congregations from Sudbury, Framingham, Ashland, Natick and Marlborough working together for regional change. Our current members include Mara Huston, Cheryl Davis, Susan Berry, Barbara Williamson, Lucie St. George, John Brackett, Jonas Barciauskas, Linda Bertolino, and Pat Coffin. New members are always welcome! For more information, contact Mara Huston ([mara@hustonfam.net](mailto:mara@hustonfam.net)) or Barbara Williamson ([barbara\\_williamson@st-elizabeths.org](mailto:barbara_williamson@st-elizabeths.org)).

*Jonas Barciauskas*



Sam Bertolino, Isabelle Bott, Marie Briasco, Colin Candiloro, Steven Candiloro, Louise Card, Kevin Ewing, Ruth Griesel, Abby Haggard, Doug Hamilton, Evan Hauck, Charlie Herel, Greg Holdman, Tim Howard, Madeleine Long, Charlotte Long, Karl Loos, Kevin Loughry, Jennifer McLeod, Suzanne McMahon, Nathan McNeill, Ross Morgan, Gratia Morgan, Ben Perry, Sarah Perry, Kelly Quinn, Jessica Romain, Colby Smith, Nicholas St. George, Christopher St. George, John Steiger, Abby Truex, Diane Voigt



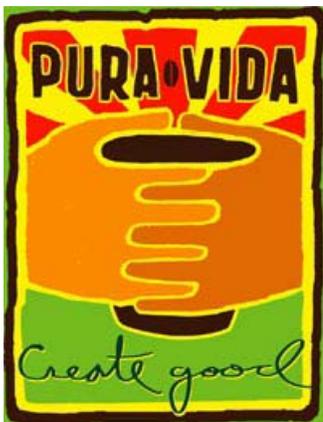
The response to the fair trade coffee sales has been tremendous. Coffee has been flying off the shelves: we've sold nearly \$300 worth of Bishop's Blend coffee to parishioners, sent nearly \$100 in additional funds (including cost of inventory) to the Episcopal Relief Development Fund and begun serving French roast in the parish hall. All this in just one month!

Many, many thanks to the parish for their enthusiasm, to Barbara and the vestry for their support, and to Betsy Wallingford and the coffee hostesses for serving the delicious French roast each week in the parish hall.

Contact Art Huston ([art@hustonfam.net](mailto:art@hustonfam.net)) if you'd like to help out with the Fair Trade Coffee sales or just ask questions. Additional information on Bishops Blend is available at <http://www.er-d.org/BishopsBlend/>.

### PURCHASING COFFEE

There has been a small increase in the cost of the 12-ounce sizes from \$9 to \$10 so making change is easier. The following blends are available in either ground or whole bean:



	12 oz	2 lb
<b>Bishops Blend</b> A smooth and rich French Roast	\$10	\$20
<b>Bishops Cinnamon Spice</b> Pure, ground cinnamon with hazelnut	\$11	\$22
<b>Cafe de la Paz</b> A medium blend of Central American cof-	\$10	\$20
<b>Kaldi's Roast</b> An extra dark roast from Ethiopia and In-	\$10	\$20
<b>Bishops Blend Decaf</b> A smooth and rich decaf French Roast	\$10	\$20

We are moving to a self serve system in the future but for now please make your purchases at coffee hour. If you don't see what you want use the order forms available at the Fair Trade coffee shelf. There are a limited supply of 2-lb sizes, please order these in advance. There's nothing to fill out if you're buying directly from the shelf.

#### *Why choose Bishops Blend?*

Bishops Blend coffee combines an important social justice issue with Episcopal Relief & Development's mission of responding to needs around the world. Fair Trade coffee helps farmers in the developing world receive a fair living wage for their coffee, while protecting the environment. It also furthers Episcopal Relief & Development's mission of responding to issues such as poverty, hunger and disease worldwide.

Bishop's Blend coffee is provided through the Episcopal Church by Pura Vida, a non-profit located in Seattle. As a non-profit, we can have confidence that farmers are receiving a fair price and the coffee is being developed responsibly.

## CHRISTMAS BASKET SALES

You can make Fair Trade part of your Christmas shopping list. One of our parishioners, Susan Herel, knows the founder of Pura Vida through Harvard Business School and has been ordering Christmas Gift baskets from them in the past. In the next few weeks information will be available on ordering your baskets in time for Christmas. As with the coffee orders, 15% of the proceeds will go to the Episcopal Relief Development Fund.



## Helping at the Salvation Army Miracle Kitchen



On arriving at my destination, and what most call "the soup kitchen," I saw before me a small gymnasium crowded by towering buildings on this busy Framingham street. It was my first time doing this sort of thing, and honestly, I had not heard much about it. Even if I asked someone about it, all I really got out of them was, "Oh, it was fine." or "I had fun." Personally, after those answers, I didn't really know what to expect. So after getting a good look at it from the car, I went in to learn about it first hand.

When I entered, there wasn't much really, just a few crooked tables and some plastic forks, and maybe a tiny chocolate in its Hershey wrapper, lying here and there. To me, if it was for me, I would be satisfied, but not impressed. Everything was setup in this quaint little gym and there was this peaceful oil painting of Jesus hanging about 10ft. up the left-hand wall. I walked over to the kitchen that was attached to the gym, ran into a few St. Elizabeth's members, and began to help fix the food so it could be ready for the sheltered.

Once it was about 5:30, people began to gather at the tables, chatting, laughing, and sleeping... there was a great variety of things going on. Finally some of the waiters gathered around the food, a few of which were from my scout troop, and began distributing it amongst them for serving. The first thing I can remember was that the food smelled *so* good. I believe it was a sort of ham, cheese, and broccoli casserole and a side of cooked veggies. As I was saying, the waiters began serving the people sitting at those crooked tables. Now that I got a really good look at them as they were being served, they were not like anything I could have imagined.

Sitting around calmly and politely were all these people who seemed to be exactly like you, or me. There were women and men of many ages and colors of skin that all had these wonderful smiles on their faces, asking politely, eating elegantly, and this brought tears to my eyes. To me, this was one of the saddest moments of my life, to see all these capable, polite and overall wonderful people that have close to nothing but the clothes on their backs, these were all people who I believed deserved so much more than what they have presently. Also, the food, the food that we provided them everyone could tell meant so much, it gave them hope, and a twinkle in their eyes. That made me happiest of all.

*Christopher St. George*

# Mark Your Calendar

Foundations of the Bible: Tools for Understanding the Old & New Testaments - Wednesdays 7:30 PM

Ministries of Reconciliation: A Speakers' Series - Nov. 2 and Dec. 7 after church with lunch & childcare

Adult Ed Film Series: Reconciliation and the Passion for Truth - November 15 and 22

Dickens Dinner - December 6 6:30 PM

Winter Weekend - January 23-25

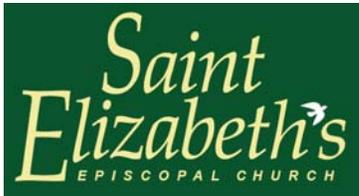
Bible Study - Tuesday Mornings 10 AM

Church School - Sunday mornings 9:45 AM

Choir Rehearsals - Thursday evenings 7:00 PM

Men's Group - Third Saturdays 9 AM

Don't forget to check [www.st-elizabeths.org](http://www.st-elizabeths.org) for updates!



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[www.st-elizabeths.org](http://www.st-elizabeths.org)

*Ours is a community through which we respond to our connection with God as revealed in Jesus Christ. Together we seek to know and worship God, nurturing one another in love as we live God's will. Empowered by the Holy Spirit, we seek to reach out and respond to the needs of others and to make God known to the larger community.*

*St. Elizabeth's Church in the Town of Sudbury welcomes and honors everyone. In accordance with our baptismal covenant, we affirm the inherent worth and dignity of every person. We strive to include all persons without regard to sexual orientation, race, nationality, gender, family configuration, ethnic background, economic circumstances, difference in ability, culture or age. Our love and acceptance of each other embody our commitment to unity with God and each other in Christ.*