

The Mantle

St. Elizabeth's Episcopal Church Sudbury, Massachusetts



Summer 2010

On Stewardship by Win Treese

School is out for the summer now, bringing with it disruptions--I mean, changes--to the household routines in a family of five. Everyone's schedule is different, there is much more free time, and so we have the traditional arguments about how to use free time. In particular, about watching TV.

I suspect this is familiar to many of you. There are disputes over how much time can be spent watching, negotiations over what programs are appropriate, quarrels over the volume, disagreement over what to watch, and bickering over who has the remote.

But what I find most challenging about TV is the difference between choosing what to watch, and watching what's on. Most of us have had the experience of watching one program, then another that came on after it, then another. After three or four hours, we feel exhausted from not actually doing anything. It's an easy trap to fall into, and it happens all the time.

It's easy to start thinking that this is the TV experience--a waste of time that is often hard to resist. But it's not the only way to experience it. Last summer, our family got lost--I mean, we got *Lost*. Season 1, from the library. If you haven't heard about it, *Lost* is a drama series that started in 2004 about the survivors of a plane crash on a mysterious island in the South Pacific. I had seen bits of it, and it was pretty clear that the only way to understand it was to watch it from the beginning. So I got the first season on DVD from the library, and my daughters wanted to watch it, too. From the pilot episode, the whole family was hooked. Since then, we have been watching the series in order, when we have time, and when we can all do it together.

And, at the end of an episode, there's no tired, wasted feeling. There's energy, and excitement. The girls are talking about what will happen next, or how the events relate to earlier episodes, or how there are allusions to other stories they know about. Watching the show was purely for fun and relaxation, and the result is a small-scale renewal of

energy and engagement.

I think that the big difference is intention. We chose to watch the show, and we knew in advance that the time was set aside for it, with something else (usually bedtime) to follow. We chose to watch the show, because that's the activity we wanted to do together, not because it happened to be on after we watched something else that happened to be on when we sat down. When we lose the intention, we have the same problems in other settings: the weekly business meeting with a purpose no one remembers and that no longer generates any results, the extra calories from a candy bar that we reach for automatically in the afternoon--I'm sure you have your own examples.

Intention--consciously choosing what we are going to do--makes an enormous difference in how we experience life. We choose to do this and not that. When we are intentional, we are not floating on a raft, we are steering the ship. We may or may not succeed, but we're trying. This is true in many things we do--being intentional about what we eat makes a difference to our health. Being intentional about how we spend our time makes it possible for us to accomplish our goals, rather than drifting through the day. Being intentional about our money means that we can have savings for the future, spend on some things that truly make us happy, and use it to make the world a better place.

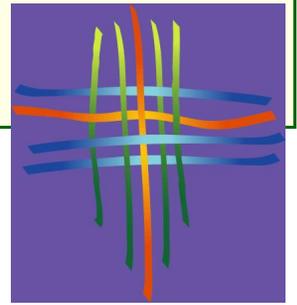
In this way, intention is the foundation of stewardship--of making deliberate choices to use our resources of time, talent, and treasure in the best possible ways. Oddly enough, making the choices deliberately can often be more important than the actual choice.

Are you doing the things you choose to do with your time, your talents, and your treasure? Or acting on autopilot?

Win

INVITING
FORMING
SENDING
SERVING

From Our Rector by The Rev. Barbara Williamson



You will read in Stuart's Vestry Notes that in recent months I have assembled a group of parishioners who have the gifts for and have expressed interest in being pastoral care visitors to homebound members of the congregation. The Pastoral Care Team, as I call them, includes Susan Berry, Jim Peters, Susan Newlin, Mary Ainsworth, and Susan Herel.

Four of the five members have been trained as Eucharistic Visitors which entails 7 hours of theology and practice on a Saturday at one of the scheduled diocesan sessions. The fifth is looking to be trained at the next scheduled session for which she is available. In addition, the team has met with me for six 2-hour evening sessions on occasional Tuesdays since March. These meetings have included readings on and discussions about accompanying those whose health, age, or disability limits social interaction, participation in weekly worship, and accomplishment of normal daily activities.

"Pastoral visitors are representatives of the church and the church is the body of Christ. So when we visit, we bring Jesus with us."

We talked about the sacredness of pastoral visiting, the sacramental nature of relationship, the gift of holy listening, and the appropriate use of prayer. Pastoral visitors are representatives of the church and the church is the body of Christ. So when we visit, we bring Jesus with us. Indeed, Jesus goes before us to show us the way. When the door opens, before we walk into the home or hospital room of the parishioner we are visiting, we step back and let Jesus enter first to lead the way.

We talked about the impact on those we visit of physical limitations – the social isolation that can result from illness or disability, the feelings of powerlessness with respect to self-determination, and about safety issues in the home and the availability of outside resources for everything from hair stylists who make house calls to visiting nurse associations. We talked about the gift of listening and various types of communication skills that may be needed should the people we visit be challenged by deafness, blindness, or speech impairment, say, from stroke, a tracheotomy, dementia, intubation, or the like. We talked about the emotional issues of those who are homebound. How do family dynamics figure into the equation? How is the parishioner coping? Is he or she at risk for depression or other psychological setbacks? We talked about the role and responsibilities of pastoral visitors and the importance for visitors to pay attention to their own needs so that they can be fully present to the parishioner being visited. And we talked about the confidentiality of the visits and the ongoing supervision I will provide.

In addition to the "theory" we have engaged in the "practice". I have taken the visitors out on calls with me to introduce them to the homebound parishioners on my rotation as well as to give them an idea of how I do pastoral calling. We will do a few more practice runs and then the team will be launched.

The pastoral care team will not replace the visits I do. They will augment them. The goal is to make sure that our homebound parishioners feel much more included in the life of the church and that they feel like they are getting the pastoral attention they so richly deserve. The members of the pastoral care team are genuine, faithful, conscientious, loving people who will bring the perfect combination of empathy, kindness, dependability, faithfulness and companionship to the ministry of pastoral visiting. I am grateful to God for calling them and I am grateful to them for answering the call.

Barbara

Vestry Notes by Stuart Hamilton, Co-Warden

The vestry had a busy meeting on June 21. In the **Rector's Report**, Barbara highlighted a number of items. The recently re-constituted pastoral care team, consisting of Susan Berry, Mary Ainsworth, Susan Herel, Jim Peters, and Susan Newlin, has been accompanying Barbara on training visits to parishioners. The team members will begin making visits on their own soon, which will greatly increase the number of pastoral visits we are able to do.

Barbara is gathering a small group for discussions on work and family life balances.

The ASP trip is leaving on July 17 and returning on July 25. There are twenty-three high school students (four of whom are not from St. E's) and ten adult leaders. Two of the adult leaders are "graduates" of ASP, having also participated as youth members.

We have been able to do some major additions to our landscaping and to our irrigation capabilities as a result of a generous gift from a parish family.

Registration and money for the parish family weekend in August are due by July 10.

Finally, Barbara reported that retired bishop Barbara Harris suffered a stroke recently, but is now on the mend.

In the **Assistant Rector's Report**, Valerie reported that she been going through Level 1 training for COGS.

Valerie is also organizing a small group to talk about alternative forms of worship. The group is considering holding an outdoor service, possibly on August 8th.

Finally, following in the footsteps of the series of nighttime events this year for parents (especially for mothers of young children), Valerie is trying to organize a lunch group for parishioners who work in Boston. Scheduling is proving to be a bit difficult. Another possibility being considered is a group for empty-nesters.

In the **Wardens' Report**, Nancy commented that we receive thank you notes from various people (for example, recipients of Giving Tree gifts or Spring Baskets) throughout the year. Though the notes are routinely posted on the bulletin board near the parish hall, few of us ever notice them. In the future, we are going to ask the VPOD to read some of the notes during our services.

Nancy also reported on some initial progress from the recently organized technology and communications committee. The number of parishioners who have offered to help here is remarkable.

Ian Springsteel and Art Huston have agreed to look at energy conservation issues for the church and the parish. They will be contacting Thomas Nutt-Powell, a leading voice in the Diocese on environmental stewardship (who will also be our speaker on October 3rd when we kick off the stewardship campaign).

Nancy and Stuart then reported on feedback we had received from parishioners on the draft mission statement. One suggestion was to make the statement more action oriented, shorter and easier to remember. After a lengthy discussion, at which Ben Sugg spoke particularly eloquently, the vestry voted to adopt the mission statement that was circulated in last month's *Mantle*.

We approved the purchase of a new computer for Peg's office. As one vestry member observed, her current computer is so old that the keyboard is in Aramaic.

We also approved the April **Financial Report**, which Darlene Murphy was able to get to us despite an unfortunately timed crash at the Quick Books website.

Finally, we approved the minutes from the May 17 meeting and adjourned with a short prayer. Our next meeting is scheduled for July 19.

Stuart

COGS UPDATE

We are grateful to **Clare Perry** for her years of service as convener of the COGS catechists. Clare has stepped down from this role to serve as assistant Catechist in the new Transitional Atrium that will open in the fall. Thank you, Clare, for all of your help, past, present, and future!

Sylvia Sepulveda will be the new COGS convener. As such, Sylvia will call the meetings for the catechists,

provide support to the COGS program, and serve as liaison to the vestry and the staff on behalf of the program. Sylvia, who is trained in all three levels of the Catechesis program, was one of the original founders of COGS at St. Elizabeth's. After a number of years away in Ohio and California, Sylvia, her husband, Scott, and their children Sara and Sinjin, returned to Sudbury last fall and renewed their membership at St. Elizabeth's. Thank you, Sylvia, for your willingness to serve the church as COGS convener!

Warden's Words by Nancy Kimble, Co-Warden

When was the last time you stepped outside of your comfort zone and started a new endeavor? When was the last time your work or volunteer activities left you with a feeling of energy and excitement? When I look around St. Elizabeth's I see that energy and passion in every corner of our congregation. I see it in the flurry of activity as parishioners fill and wrap gift baskets for Sudbury residents. I see it in the faces of the youth and adults preparing to take part in the Appalachia Service Project. And I see it in the eyes of the children bringing their mite boxes to the altar with donations for Episcopal Relief and Development. But all of these activities are truly just the beginning of what we might do for our community. For example, a team of parishioners is currently being

trained in pastoral care and Eucharistic visits -- they will generously provide their compassion, comfort and friendship to our homebound church members. In addition, this summer some St. E's parishioners will begin working on the issue of environmental stewardship -- investigating how we can do our part to improve the earth's environment by becoming a "greener" church community. There are so many opportunities for us to have a positive impact on our world. Truly we are only limited by our imaginations. So I wonder, what else could we at St. Elizabeth's do to make a difference in Sudbury? Or in our larger community -- "this fragile earth, our island home?"

Nancy



From the Organ Bench

by Mary Sue Willie,
Director of Music

Since the last issue of the Mantle we have celebrated the final 'Choir Sunday' with music provided by our own graduating Trumpet Player, Thomas Small, who promises to return from college

to play at Christmas and Easter. In that same service, Nick St. George accompanied the Adult Choir anthem on the drum. Choir members and those who have made music with us this past season received a copy of the hymnal, *Wonder, Love and Praise* in recognition of their faithful service. The following week, our resident 'Angel of the Strings' brought immeasurable beauty to the service which included Baptism and the commissioning of the ASP group.

During the summer months we invite anyone who would like to contribute to the music of the day to consider playing an instrument or singing solos, duets or in ensembles. Please speak with Mary Sue cvmswillie@comcast.net or (978) 369-2363 to arrange a Sunday offering.

There will be singing and music making at the All Parish Retreat the last weekend in August. Plan to come and bring your voices and instruments, as well. The youth choir will also have a special time while at camp - a good time for potential members to 'try out' being in the Youth Choir.

We would welcome new members in both choirs. Again, please speak to Mary Sue for more information. As St. Augustine is reported to have said, "Those who sing - pray twice".

Have a wonderful summer!

Mary Sue



← Click here to learn more about the reflectionary readings for this week's worship services? This includes readings for the upcoming Sunday along with scripture backgrounds and reflections. The readings are updated weekly, so please check back often.

The Ministry of Healing Grows

...Christianity is a healing religion. Christ is a healing Savior ...and heals all brokenness: broken relationships as well as broken spirits, broken hearts as well as broken bodies. In the deepest sense, He came to heal the world.The Church's ministry of healing not only derives from the ministry of Christ; but also, like His ministry, points forward to the end of the age.The Church's ministry of healing, then, is vital in our Lord's plan for the salvation of the human race.

For a little over two years now, we have offered the laying on of hands for healing, generally as part of the 10 a.m. Eucharist on the first Sunday of the month. During that time a group of parishioners have met weekly (except in summer) to pray and to study and discuss the history, theology, psychology, spirituality, theory, and practice of Christian healing. The original group has grown over time. It includes Mary Ainsworth, Mandy Fleming, Gretchen Meeks, Jim Peters, and Stuart Pease.

In September, these members of St. Elizabeth's will be commissioned as ministers of healing. On a rotating basis, they will offer laying on of hands on a regular schedule coincidentally with the distribution of communion. In addition, we will offer special services of healing (see the Book of Common Prayer, pp. 453-461) during the year at a time other than Sunday morning.

Look for additional Mantle articles and the occasional sermon to continue to educate and inform the St. E's community about Christian healing. And be assured that the parishioners who offer this ministry will continue to meet weekly with me for prayer, study and mutual support in this vital practice of our faith.

Barbara



Introducing the *Catechesis of the Good Shepherd* Transitional Atrium for Three Year-Olds

The Catechesis of the Good Shepherd program at St. Elizabeth's has traditionally started in Level One when children are three years old. In recent years as our enrollment has grown we have been blessed with increased opportunity to appreciate the wide range of gifts the children bring as they leave the nursery to continue exploring their relationship with God in the Atrium. A recent count reveals that at least twenty-five children will be eligible for Level One during the next school year – a large number for our current Atrium space.

Given the wide developmental range in children ages three through six, we are developing a Transitional Atrium to better serve our three year-olds. This Atrium will be the children's next step after leaving the nursery and before entering Level One. The Transitional Atrium will be a sacred space where children can continue to develop their relationship with God and begin to learn about Jesus and His love for them. The prepared environment and materials will be similar to those found in Level One, geared toward the younger children's interests and abilities. Children in the Transitional Atrium will be introduced to the peaceful enjoyment of God's presence, as called forth by the image of Christ, the Good Shepherd. Children will begin to explore the quiet rhythms of the COGS program, learning to fall in love with God by exploring practical life activities, working with developmentally appropriate materials, singing songs, and coming together in prayer.

Please contact Clare Perry (443-3518) or Beth Santomena (443-0609) with any questions you may have about the Transitional Atrium. Please keep in mind that parent's time in this Atrium, volunteering as aides, will serve as an introduction for adults to the COGS program as well. We look forward to seeing you in the fall!

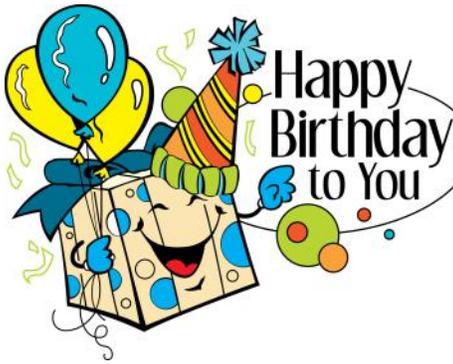
JULY 2010

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
27	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church 11:15 AM ASP adults meeting (CNF)	28	11:00 AM Staff Meeting (CNF) 3:00 PM Parish Retreat Planning Meeting (578 Peakhm Road, Sudbury)	29	12:30 PM Deaneary Lunch (PH) 7:30 PM Centering Prayer Group (YG Room)	30	7:00 PM Calendar Planning Meeting (MPR)	1	5:00 PM Rehearsal Dinner setup (PH)	2	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR) 5:30 PM Wedding Rehearsal (Church) 6:00 PM Rehearsal Dinner (PH)	3	4:00 PM Wedding (Martha Mary Chapel)
4	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	5	4th of July Holiday Office Closed	6	9:30 AM Warden Meeting (CNF) 11:30 AM Yoga (MPR) 7:30 PM Centering Prayer Group (YG Room)	7	10:00 AM Staff Meeting (CNF)	8		9	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	10	
11	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	12	11:00 AM Staff Meeting (CNF)	13	11:30 AM Yoga (MPR) 6:00 PM <u>Miracle Kitchen</u> 7:00 PM Work & Family Life (MRP) 7:30 PM Centering Prayer Group (YG Room)	14		15		16	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR) 4:00 PM Pack ASP Vans at St. E's	17	7:30 AM ASP Volunteers Depart
18	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	19	11:00 AM Staff Meeting (CNF) 6:50 PM Vestry Meeting (CNF)	20	7:30 PM Centering Prayer Group (YG Room)	21		22		23	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	24	
25	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church 5:00 PM ASP Volunteers return to St. E's	26	11:00 AM Staff Meeting (CNF)	27	11:30 AM Yoga (MPR) 7:30 PM Centering Prayer Group (YG Room)	28		29		30	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	31	

AUGUST 2010

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	8:00 AM Holy Eucharist II - Chapel 9:00 AM Discussion about the 8:00 AM Service (immediately following the service) 11:15 AM Holy Eucharist II - Church Discussion about alternate service possibilities	2	11:00 AM Staff Meeting (CNF)	3	11:30 AM Yoga (MPR) 7:30 PM Centering Prayer Group (YG Room)	4		5		6	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	7	
8	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	9	11:00 AM Staff Meeting (CNF)	10	10:00 AM Family Weekend planning meeting (CNF) 11:30 AM Yoga (MPR) 6:00 PM <u>Miracle Kitchen</u> 7:30 PM Centering Prayer Group (YG Room)	11		12		13	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	14	
15	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	16	11:00 AM Staff Meeting (CNF) 6:50 PM Vestry Meeting (CNF)	17	11:30 AM Yoga (MPR) 7:30 PM Centering Prayer Group (YG Room)	18	3:00 PM Family Weekend planning meeting (Mara Huston home)	19		20	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	21	
22	8:00 AM Holy Eucharist II - Chapel 10:00 AM Holy Eucharist II - Church	23	Mantle Deadline 11:00 AM Staff Meeting (CNF)	24	11:30 AM Yoga (MPR) 7:30 PM Centering Prayer Group (YG Room)	25		26		27	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR) 6:00 PM Parish Retreat Begins (Barbara C. Harris Camp)	28	Parish Retreat
29	- 2:00 PM Parish Retreat Ends 8:00 AM Morning Prayer - Chapel 10:00 AM Morning Prayer - Church 11:00 AM J2A Scripture Training (CNF)	30	11:00 AM Staff Meeting (CNF)	31	11:30 AM Yoga (MPR) 7:30 PM Centering Prayer Group (YG Room)	1		2		3	10:30 AM - 12:00 PM Playgroup at St. Elizabeth's (Nursery & MPR)	4	

	July 4 6th Sunday After Pentecost	July 11 7th Sunday After Pentecost	July 18 8th Sunday After Pentecost	July 25 9th Sunday After Pentecost
Kitchen Angel for July Betsy Wallingford Miracle Kitchen Coordinator: Carol & Derek Oram	8:00 AM John Brackett 10:00 AM Susan Newlin Jim Peters	8:00 AM John Brackett 10:00 AM Audrey Newton Ruth Griesel	8:00 AM Betsy Wallingford 10:00 AM Harry Ainsworth Steve Davies	8:00 AM John Brackett 10:00 AM Stuart Hamilton Susan Newlin
Euch. Min.	John McNeill	Eric Kimble	Jim Newton	Jane Graham
Lector	Jonas Barciauskas	Mari Weldon	Susan Goswami	Jeremy Perisho
V.P.O.D.	Mike & Jeremy Perisho	Jonas Barciauskas Ray Considine	Larry Jobson Stuart Hamilton	Mike Perisho & TBA
Ushers	8:00 AM Christine Robb 10:00 AM Ruth Griesel	8:00 AM Christine Robb 10:00 AM Ruth Griesel	8:00 AM Christine Robb 10:00 AM Ruth Griesel	8:00 AM Christine Robb 10:00 AM Christine Robb
Altar Guild				
Kitchen Angel for August Louise Bendel Miracle Kitchen Coordinator: Ruth Griesel	August 1 10th Sunday After Pentecost	August 8 11th Sunday After Pentecost	August 15 12th Sunday After Pentecost	August 22 13th Sunday After Pentecost
8:00 AM Peter Gonze 10:00 AM Stuart Hamilton & Jim Peters	8:00 AM Betsy Wallingford 10:00 AM Audrey Newton & Carol Dicker	8:00 AM John Brackett 10:00 AM Susan Newlin Steve Davies	8:00 AM Audrey Newton 10:00 AM Betsy Wallingford & Ruth Griesel	8:00 AM Peter Gonze 10:00 AM Harry Ainsworth Carol Dicker
Euch. Min.	Eric Kimble	Craig Stafford	Jonas Barciauskas	John McNeill
Lector	Cecilia Tatem Small	Jay Holdman	Kelley White	Susan Goswami
V.P.O.D.	TBA	TBA	TBA	TBA
Ushers	8:00 AM Christine Robb 10:00 AM Karen Hodder	8:00 AM Karen Hodder 10:00 AM Christine Robb	8:00 AM Christine Robb 10:00 AM Karen Hodder	8:00 AM Karen Hodder 10:00 AM Christine Robb
Altar Guild				



Marion Amidon, Matthew Bailey, Lisa Barnes, Rudolf Baumgartner, Diane Baumgartner, Erin Baumgartner, Jennifer Bott, Jack Boyle, Alex Briasco-Stewart, Samantha Briasco-Stewart, Dylan Brown, Kevin Brown, Taylor Brown, Bonnie Brown, Linda Cass, Marion Clark, George Comer, Juan Darias, Steve Davies, Caroline Davies, Tracy Davis, Peggy Dawson, Caroline Dawson, Zach Day, Elisabeth Day, Amanda Fleming, Jack Ginand, Diana Goswami, Karyn Grant, Teri Grey, Tricia Griggs, Zoe Herel, Jim Hodder, Liam Huston, Larry Jobson, Roy Johnson, Christopher Kafina, Lisa Kenney, Billy Knaul, John Kodera, Mateo Krebs, Jessie Kuenzel, Alexander Kuta, William Lambert, Sinjin Ledbetter, Kevin Long, Ann Loos, Lindsay Lucarelli, Justin McLeod, Gretchen Meeks, Robert Merhige, Jack Milton, Nancy Morgan, Jeff Newton, Derek Oram, Emily Perry, Matthew Ray,

Christine Robb, Bob Ross, Lain Rourke, Kihm Sanders, Beth Santomenna, David Small, Sara Smith, Jane Smith, Stevie Spina, Craig Stafford, Larry Stewart, Andrew Sugg, Cecilia Tatem-Small, Bill Thornley, Nathan Thornley, Rich Tinsley, Whitney Torgerson, Kenneth Torgerson, Julia Torgerson, Win Treese, Nina Treese, Sam Truex, Richard Vanderlippe, Samuel Varner, William Vesey, Mari Weldon, Christopher Wilkins, Paula Woodman



**The Church of St John the Evangelist
Bowdoin Street
Boston**



**Friday July 30th 2010
7.30pm**

**The Choir of
Holy Trinity Church, Stratford-upon-Avon
England
"Shakespeare's Church"**

**A concert of a *cappella* choral music
Including works by Weelkes, Purcell, Byrd, Stanford, Tippett,
Tavener and Randall Thompson**

Artistic collection for the benefit of the Society of St. Margaret's mission in Haiti

ST. ELIZABETH'S NETWORKERS ARE



While there are signs of economic recovery, there are still many fellow members of St. Elizabeth's who remain unemployed or under-employed. This reality is evident throughout the state and includes the towns where members live.

The best way to find employment is by networking and the most active website to use is **LinkedIn**, which is primarily for professionals to connect with others. **LinkedIn** allows for groups to form such as alumni associations, professional groups and company alumni groups. St. Elizabeth's has a networking group with 31 current members, and we will be inviting everyone to join this networking group. The St. Elizabeth's Networkers group will allow more of us to connect to share jobs, discuss topics, communicate needs and most importantly, to network with each other. If you are currently using **LinkedIn**, enter St. Elizabeth's in the "Group" sections and click on joinh. For those of you new to **LinkedIn**, we will be sending out further information on how to use this networking tool.

THANK YOU AND HERE'S TO NETWORKING!

Safe Church Policy at St. Elizabeth's Church

All volunteers working with infants, children, adolescents, and young adults are required to complete either an online or group Safe Church training certified by the Diocese of Massachusetts. In addition volunteers working with at risk adult parishioners are also required to be trained and certified.

Online training is available, at no cost, to all volunteers at St. Elizabeth's. If you have not received a letter with the web address and your individual ID and password (or if you have misplaced your letter) please contact **Dick Vanderlippe**.



CENTERING PRAYER GROUP MEETS TUESDAY EVENINGS

Jonas Barciauskas and Sylvia Sepulveda lead a weekly centering prayer meeting on Tuesday evenings beginning at 7:30. We are currently listening to a series of recorded talks titled Encountering the Wisdom Jesus: Quickening the Kingdom of Heaven Within by the Rev. Cynthia Bourgeault, an Episcopal priest and long-time student of Fr. Thomas Keating, one of the founders of the current centering prayer movement. These talks are also available in book form; its title is The Wisdom Jesus: Transforming Heart and Mind--A New Perspective on Christ and His Message. All are welcome. For more information contact Sylvia (srsepulveda@mac.com) or Jonas (barciaus@bc.edu).

ATTENTION PARENTS WITH CHILDREN UNDER 3!

Looking for a way to meet fellow parishioners of St. Elizabeth's with young children? We have just the playgroup for you! Join us on Fridays from 10:30 AM to noon in the nursery at St. Elizabeth's. Light refreshments will be provided.

Please don't hesitate to contact **Erin Kartunen** at ekartunen@hotmail.com or **Deborah Comer** at birdseye09@hotmail.com should you have any questions.



**ST. ELIZABETH'S EPISCOPAL CHURCH
YOUTH CHOIR REGISTRATION
2010-2011**



This will register your child(ren) in the Youth Choir at St. Elizabeth's.
Please put the completed form in the office mailbox at church or
hold this form and mail it to the church.

Date_____

Family Name_____

Parents_____

Primary email address to contact_____

Address_____

Home phone_____

Child #1_____ school grade '10 -'11_____ date of birth_____

Child #2_____ school grade '10 -'11_____ date of birth_____

Child #3_____ school grade '10 -'11_____ date of birth_____

Child #4_____ school grade '10 -'11_____ date of birth_____

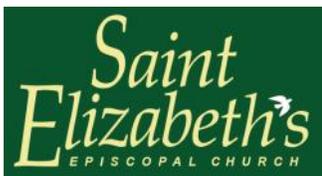
We ask that potential Youth Choir members be able to read and follow the service and music. If you have any special requests or concerns about your child's participation or if there is anything you would like us to be aware of, please indicate them here.

The success of our program depends upon your support and participation.

We ask that each family fill out Volunteer sign-up sheets that will be out in the Fall.

Assistance will be needed with weekly filling of choir folders and materials to
be taken home for practice.





CHURCH SCHOOL REGISTRATION 2010-2011

This will register your child(ren) in one of the church school programs at St. Elizabeth's. Please put the completed form in the COGS mailbox at church or fold this form and mail it to church.

I. **Catechesis of the Good Shepherd:** The atriums are based as follows:

- **Transitional Atrium** for age 3 (does not have to be toilet trained)
- **Level I** for ages 4-5 as of Oct. 1, 2010. (must be toilet trained and able to separate comfortably from parent, equivalent to Preschool through Kindergarten)
- **Level II** for ages 6-8 as of Oct. 1, 2010. (equivalent to 1st - 3rd grades)
- **Level III** for ages 9-12 as of Oct. 1, 2010. (equivalent to 4th - 6th grades)

II. **Rite 13:** 7th & 8th grades

III. **Journey to Adulthood:** 9th & 10th grades

IV. **Young Adults in Church:** 11th & 12th grades

Date _____

Family name / Parents names

Primary email address to contact _____

Address _____ Home phone _____

Child #1 _____

School Grade '10 -'11 _____ Date of Birth _____

Child #2 _____

School Grade '10 -'11 _____ Date of Birth _____

Child #3 _____

School Grade '10 -'11 _____ Date of Birth _____

Child #4 _____

School Grade '10 -'11 _____ Date of Birth _____

What would you like us to know about your child so we can help him/her to feel comfortable in the Atrium? (For example, how do you help him/her to join an activity, listen in a group, or reassure him/her when needed; any behavioral or learning gifts or needs?) Please feel free to contact a catechist if you would prefer a conversation at any time.

The success of our program depends upon your support and participation.

We ask that each family participate at least once each semester (per child) in order to ensure the success of our programs. Volunteer sign-up sheets will be out in the fall. Assistance will be needed with weekly atrium sessions, materials and other needs. Suggested Donation: \$50 per child or \$100 per family per year. All children are welcome in our Church School programs regardless of the family's ability to make a donation.

Guests and visitors are welcome at all times



St. Elizabeth's Softball Schedule

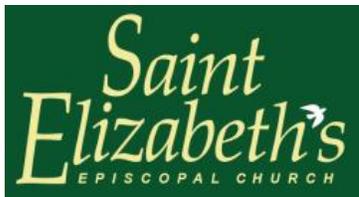


The St. Elizabeth's Softball Team is off to a blistering start this year, and would like to invite parishioners to come out and support the team. The games start at 6:45 and 8:15 (approximately) and are played at Featherland Park across the street from St. E's. Come out to support St. E's in family-friendly atmosphere and share in the excitement.

JULY 7	8:15	ST. E'S VERSUS HAIR SALON
JULY 13	6:45	SWINGERS VERSUS ST. E'S
JULY 15	6:15	ST. E'S VERSUS HAIR SALON (FEELEY FIELD)
JULY 20	8:15	ST. E'S VERSUS PINE NUTS
JULY 27	6:45	WALKING WOUNDED VERSUS ST. E'S



AUGUST—PLAYOFFS TO BE SCHEDULED



One Morse Rd., Sudbury, MA 01776 978-443-6035

The Rev. Barbara S. Williamson, Rector
barbara_williamson@st-elizabeths.org

The Rev. Valerie Bailey Fischer, Assistant Rector
valerie_bailey@st-elizabeths.org

Nancy Kimble & Stuart Hamilton, Co-Wardens
wardens@st-elizabeths.org

Mary Sue Willie, Director of Music
musicdirector@st-elizabeths.org

Peg Scarlata, Parish Secretary
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Dick Vanderlippe, Database & Comm. Coordinator
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Submit articles to mantle@st-elizabeths.org

INVITING
FORMING
SENDING
SERVING

St. Elizabeth's Episcopal Church invites seekers to share the joys and challenges of a journey of faith. Following the teachings of Jesus Christ and guided by scripture, tradition, and reason, we proclaim by word and action the love of God. We seek to serve and praise Christ in all people by celebrating the greatness of God's creation and all its creatures, helping those in need, and striving for justice and peace in all areas of our common life.

www.st-elizabeths.org